



More rainbow trout have been planted in Lake Chabot and other East Bay Regional Park District lakes recently.

More than 17,000 pounds of rainbow trout from the district and another 6,000 pounds from the Dept. of Fish and Game are being planted in Lake Chabot, Del Valle, Quarry Lakes, Shadow Cliffs and Lake Temescal.

The rainbow trout can grow to a weight of up to 10 pounds in the East Bay lakes. Despite the rain, the East Bay lakes provide excellent fishing opportunities.

A state fishing license is required of all anglers 16 or older. A \$5 daily Park District permit is also required. Anglers under 16 can fish for free, abiding by all fishing regulations.

The East Bay Regional Park District uses the fees to maintain the planting program year round. About \$525,000 a year from fishing permits goes toward fish plants.

For the schedule of fish plants and reports on which fish are biting and where, read the district's "Anglers Edge" newsletter online at www.ebparks.org/activities/fishing/anglersedge.

CAPTION: A fisherman casts his line into the water at the San Leandro Marina, a popular fishing spot. The lakes of the East Bay Regional Parks have been planted with rainbow trout.

PHOTO BY JIM KNOWLES

Fish Jumping at East Bay Parks

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